

# WE ARE MACMILLAN. Monthly Activities - January 2018 CANCER SUPPORT

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<b>Monday 1st</b>	Centre Closed		
<b>Tuesday 2nd</b>	Myeloma Support Group Firm Roots Prayer Group	2.00 pm 6.30 pm	Parenting2000, Mornington Rd, Southport St Johns Church Hall. Burscough
<b>Wednesday 3rd</b>	Haematology Support Group Melanoma Support Group	No meeting 7.00 pm	Duke Street, Formby Southport Community Fire Station
<b>Thursday 4th</b>	In Stitches group Prostate Cancer Support Group	10.30 am 7.00 pm	Macmillan Centre, Stanley Street Hurlston Hall
<b>Friday 5th</b>	Monthly Walking Group Ladies Breast Cancer Swimming	2.00pm 7.30 pm	The Grapes Hotel, Formby Spinal Unit, Southport

<b>Monday 8th</b>	Carer's Coffee Group	2.00pm	Macmillan Centre, Stanley Street
<b>Tuesday 9th</b>	Weekly Walking Group Lung Cancer Support Group	10.30 am 2.00 pm	Macmillan Centre, Stanley Street Macmillan Centre, Stanley Street
<b>Wednesday 10th</b>	Singing Group	1.30 pm	Deaf Centre, 19a Stanley Street
<b>Thursday 11th</b>	Coffee and Chat In Stitches group YOGA **	11.00am 10.30 am 1.00pm	Macmillan Centre, Stanley Street Parenting 2000, Mornington Road Macmillan Upstairs Offices
<b>Friday 12th</b>	Colorectal Support Group	1.00 pm	Grove Centre, Burscough

<b>Monday 15th</b>			
<b>Tuesday 16th</b>	Weekly Walking Group	10.30 am	Macmillan Centre, Stanley Street
<b>Wednesday 17th</b>			
<b>Thursday 18th</b>	In Stitches group Healthy Eating Course * YOGA **	10.30 am 10.00 am 1.00 pm	Parenting 2000, Mornington Road The Atkinson Macmillan Upstairs Offices
<b>Friday 19th</b>			

<b>Monday 22nd</b>			
<b>Tuesday 23rd</b>	Weekly Walking Group	10.30 am	Macmillan Centre, Stanley Street
<b>Wednesday 24th</b>	Singing Group	1.30 pm	Deaf Centre, 19a Stanley Street
<b>Thursday 25th</b>	In Stitches group Healthy Eating Course * Coffee and Chat YOGA **	10.30 am 10.00 am 11.00 am 1.00 pm	Parenting 2000, Mornington Road The Atkinson Macmillan Centre, Stanley Street Macmillan Upstairs Offices
<b>Friday 26th</b>			

<b>Monday 29th</b>			
<b>Tuesday 30th</b>	Weekly Walking Group	10.30 am	Macmillan Centre, Stanley Street
<b>Wednesday 31st</b>			

\* please call 0151 934 2352 to book the Healthy Eating Course

\*\* YOGA is £2.50 per session - please call the centre on 01704 533024 to book as numbers are strictly limited

Whilst we make every effort to ensure that this information is correct, there may be occasions when groups or events are cancelled due to circumstances beyond our control.

To find out more contact Southport Macmillan Information & Support Centre on 01704 533024 or email [sfccg.macmillancic@nhs.net](mailto:sfccg.macmillancic@nhs.net)