

Virtual Cancer Health & Wellbeing Event – September 2021

Timetable

Date	10:00 – 11:00	14:00 – 15:00	15:00 – 16:00
Wed 1 <sup>st</sup>	<p><b>How the Cancer Services Teams keep you on track with a cancer diagnosis</b></p> <p>Elaine Deeming – Lead Cancer Nurse Southport &amp; Ormskirk Hospital</p> <p><a href="#">Click here to join the meeting</a></p>	<p><b>Southport Information &amp; Support</b></p> <p>Meet the Southport Macmillan Cancer Information &amp; Support Centre Team. Tanya Mulvey &amp; Julia Fahey</p> <p><a href="#">Click here to join the meeting</a></p>	
Thur 2 <sup>nd</sup>	<p><b>A Breath of Fresh Hair Care for new hair growth &amp; wigs</b></p> <p>Hair Fairy Wig Salon Liverpool Tracy and Eve</p> <p><a href="#">Click here to join the meeting</a></p>	<p><b>Gastrointestinal Stromal tumour (GIST)</b></p> <p>Awareness &amp; patient support services Jayne Bressington- Vice chair GIST Cancer UK</p> <p><a href="#">Click here to join the meeting</a></p>	<p><b>Work and Cancer</b></p> <p>Vicky Rockingham</p> <p><a href="#">Click here to join the meeting</a></p>
Fri 3 <sup>rd</sup>	<p><b>Keeping Active</b></p> <p>The importance of keeping active with a cancer diagnosis Macmillan Move More Physio Team Southport &amp; Ormskirk Hospital</p> <p><a href="#">Click here to join the meeting</a></p>	<p><b>Fatigue</b></p> <p>Fatigue can be a problem after surgery, during or after treatment. Tips on how to manage your fatigue Sally Shorrock - Occupational Therapist Southport &amp; Ormskirk Hospital</p> <p><a href="#">Click here to join the meeting</a></p>	
Mon 6 <sup>th</sup>	<p><b>Lymphoedema</b></p> <p>Management of Lymphoedema Emma Gwynne Halton <b>Debbie Monfared</b></p> <p><a href="#">Click here to join the meeting</a></p>	<p><b>Mesothelioma</b></p> <p>Maria Guerin Lung Specialist Nurse Aintree Hospital</p> <p><a href="#">Click here to join the meeting</a></p>	

<b>Tues 7th</b>	<p><b>Chemotherapy</b> Kirsty Halliwell &amp; Wendy Ebbrell - Chemotherapy &amp; Lilac Centre STHK <a href="#">Click here to join the meeting</a></p>	<p><b>Carers</b> Knowsley Carers Support for Carers Jan Box <a href="#">Click here to join the meeting</a></p>	<p><b>Urology</b> Meet the Urology Specialist Nurse Mary McNab Southport &amp; Ormskirk Hospital <a href="#">Click here to join the meeting</a></p>
<b>Wed 8th</b>	<p><b>Liver Cancer</b> The Primary Liver Cancer Service (HCC)- Improving the patient experience. Liz Boland Specialist Nurse Liverpool <a href="#">Click here to join the meeting</a></p>	<p><b>Skin Cancer</b> Meet the Skin Cancer Specialist Nurse Steph Smith Southport &amp; Ormskirk Hospital <a href="#">Click here to join the meeting</a></p>	
<b>Thur 9th</b>	<p><b>Palliative Care</b> What is Palliative Care? Paula Parr &amp; Kate Dreyer Aintree Hospital <a href="#">Click here to join the meeting</a></p>	<p><b>Lung Cancer</b> Meet the Lung Cancer Specialist Nurse Melanie Barron Southport &amp; Ormskirk Hospital <a href="#">Click here to join the meeting</a></p>	
<b>Fri 10th</b>	<p><b>West Lancs</b> Meet the West Lancs Macmillan Cancer Information &amp; Support Team Jodie Taylor <a href="#">Click here to join the meeting</a></p>	<p><b>Gynaecology &amp; Womens Health</b> Meet the Gynae Specialist Nurse Christine Harris St Helens &amp; Whiston Hospital <a href="#">Click here to join the meeting</a></p>	
<b>Mon 13th</b>	<p><b>Prostate Follow Up</b> Meet the Prostate Cancer Follow Up Support worker at Southport Hospital Megan Smith Southport &amp; Ormskirk Hospital <a href="#">Click here to join the meeting</a></p>	<p><b>Colorectal Follow Up</b> Meet the Colorectal Follow Up Support Worker at Southport Hospital Cassandra Garner Southport &amp; Ormskirk Hospital <a href="#">Click here to join the meeting</a></p>	
<b>Tue 14th</b>	<p><b>Pancreatic &amp; Hepatobiliary Cancer</b> From Diagnosis to treatment Stacey Matthews Aintree Hospital</p>	<p><b>Look Good Feel Better</b> Look Good Feel Better Sarah Addis <a href="#">Click here to join the meeting</a></p>	<p><b>Breast Cancer</b> Video Welcome to Liverpool Breast Units- a patient journey. Louise Baines</p>

	<a href="#">Click here to join the meeting</a>		<a href="#">Click here to join the meeting</a>
<b>Wed 15th</b>	<p><b>Halton Information &amp; Support</b>  Meet the Halton Macmillan Cancer Information &amp; Support Service  Bev Collins Macmillan Manager  Delamere Centre  <a href="#">Click here to join the meeting</a></p>	<p><b>Warrington</b>  Cancer rehabilitation in Warrington  Neil Morley Lifestyle Manager, Lifestyles LiveWire, Warrington  Cancer Screening Coordinator  Paul Corless Warrington CCG  <a href="#">Click here to join the meeting</a></p>	
<b>Thur 16th</b>	<p><b>Spirituality</b>  Space to reflect and question your spirituality. Reverend Sarah and GP Reverend Anne is here to listen. Hear how Jan found strength through her cancer experience because of her faith?  <b>10am - 11.30am</b>  <a href="#">Click here to join the meeting</a></p>	<p><b>Hair Care</b>  Wigs &amp; Hair Care  Barbara - Locks &amp; Co  Southport  <a href="#">Click here to join the meeting</a></p>	
<b>Fri 17th</b>	<p><b>Head and Neck Cancer</b>  Speak to the Head &amp; Neck Specialist Team  Monica, Lesley, Terry &amp; Sally  Aintree &amp; Southport Hospital  <a href="#">Click here to join the meeting</a></p>	<p><b>Benefit Entitlements</b>  What Benefits may you be entitled to  Alison Read - Southport Compassion Acts  <a href="#">Click here to join the meeting</a></p>	
<b>Mon 20th</b>	<p><b>The Impact of a Cancer Diagnosis'</b>  Dr Dominic Bray - Clinical Health Psychology Service  Southport Hospital  <a href="#">Click here to join the meeting</a></p>	<p><b>Keeping Active</b>  The importance of keeping active with a cancer diagnosis  Macmillan Move More Team  Southport &amp; Ormskirk Hospital  <a href="#">Click here to join the meeting</a></p>	
<b>Tue 21st</b>	<p><b>Neuro Oncology</b>  Role of the Neuro-Oncology Nurse Specialists team and support provided  Kelly Woods</p>	<p><b>St Helens &amp; Knowsley</b>  Meet the St Helens &amp; Knowsley Macmillan Cancer Information &amp; Support Service  Louise Howard &amp; Lynne Metcalfe</p>	

	Walton Centre <a href="#">Click here to join the meeting</a>	<a href="#">Click here to join the meeting</a>	
<b>Wed 22nd</b>	<b>Managing Stress</b> Calming Strategies to help you Bridget Rowe & Naomi Powell <a href="#">Click here to join the meeting</a>	<b>Talking Therapies</b> Talking Therapies - Lets keep talking Suzie Curtis Sefton <a href="#">Click here to join the meeting</a>	<b>Haematology</b> Meet the Haematology Specialist Nurse Rachel Chidley Southport & Ormskirk Hospital <a href="#">Click here to join the meeting</a>
<b>Thur 23rd</b>		<b>Wirral</b> Meet the Wirral Macmillan Cancer Information & Support Team Anne Torkington Macmillan Information Manager Wirral <a href="#">Click here to join the meeting</a>	<b>Chester</b> Meet the Chester Macmillan Cancer Information & Support Team and colleagues Koren Bailey, Helen Thomas & Tracey Cooper <a href="#">Click here to join the meeting</a>
<b>Fri 24th</b>	<b>Sams Diamonds</b> Shining Brighter with Sams Diamonds Sam Lewis <a href="#">Click here to join the meeting</a>	<b>Aintree</b> Meet the Aintree Macmillan Cancer Information & Support Team Gill Marflitt/Wendy Unsworth <a href="#">Click here to join the meeting</a>	<b>Liverpool</b> Meet the Liverpool Royal and Broadgreen Hospitals Macmillan Cancer Support Team Sandra Metcalfe Cancer Wellbeing Centre <a href="#">Click here to join the meeting</a>
<b>Mon 27th</b>	<b>Skin Care</b> Looking after your skin with a cancer diagnosis Karen Gordon <a href="#">Click here to join the meeting</a>	<b>The HOPE Course</b> Overview of the HOPE Course Gill Marflitt/Wendy Unsworth <a href="#">Click here to join the meeting</a>	
<b>Tues 28th</b>	<b>Blood Cancer Support</b>	<b>Maggies Centre</b>	

	<p>Blood Cancer Support Karen Bonnell (Lymphoma Action)/David Simister (West Lancs &amp; Merseyside Myeloma Support Group) <a href="#">Click here to join the meeting</a></p>	<p>Overview of the Maggie's Centre Kathy Wright Centre Head Liverpool <a href="#">Click here to join the meeting</a></p>	
Wed 29th	<p><b>Relaxation</b> Relaxation Session Debbie Johnson Counselling Service STHK <a href="#">Click here to join the meeting</a></p>	<p><b>Clinical Trials</b> Clinical Trials Overview Amanda McCairn &amp; Amy Anderson Clinical Trial Nurses STHK <a href="#">Click here to join the meeting</a></p>	
Thur 30th	<p><b>Diet and Cancer</b> Macmillan Dietitian Royal Liverpool Hospital <a href="#">Click here to join the meeting</a></p>	<p><b>Prehabilitation</b> Prehabilitation.....the future of cancer recovery Lucy Holmes Health and Wellbeing Operations Manager Primary Care Wirral <a href="#">Click here to join the meeting</a></p>	

